

February 23rd 2025 7th Sunday of Ordinary Time Year C Luke 6:27-38

⁶⁻²⁷But I say to you that listen, Love your enemies, do good to those who hate you, ²⁸bless those who curse you, pray for those who abuse you. ²⁹If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. ³⁰Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. ³¹Do to others as you would have them do to you. ³²If you love those who love you, what credit is that to you? For even sinners love those who love them. ³³If you do good to those who do good to you, what credit is that to you? For even sinners do the same. ³⁴If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. ³⁵But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. ³⁶Be merciful, just as your Father is merciful. ³⁷Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; ³⁸give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back.

<ul style="list-style-type: none"> ➤ Read and re-read – out loud and slowly the Gospel. ➤ Meditate - on reading as being spoken to you, an experience in your life. 	<ul style="list-style-type: none"> ➤ Pray - Thanksgiving – Repentance – Petition. ➤ Action – Attitude (Call to change / to act /to do).
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In this weeks gospel Jesus tells us that people who are generous in spirit are able to go beyond the injustices they suffer. We are called to be compassionate and not to judge or condemn people which is not always easy. When we try to imitate Jesus we often get a glimpse of the divine spark within each one of us. This enables us to bring experiences of God to those around us.

How can we bring the love and compassion of Jesus to our very troubled world?

Prayer:

Lord thank you for all the people who look us in the eye and let us know that there is much more to us all than our bad deeds, we are all sons and daughters of God.

Forgive us Lord for when we were judgemental of others because they acted in a different way to us and we condemned them for their actions.

Help us Lord to follow the example of Jesus and show compassion to all we meet especially those in difficulty and need to be understood.